CREATING A MODEL FOR PRIMARY MIDWIFERY CARE

Type of activity: Concept mapping (also called mind mapping)

Equipment: A variety of materials may be used for a "do it yourself" approach to concept mapping. Chose one method that is accessible to you and allows you to put "pen to paper." These may include chalk/chalkboard, erasable markers/white board, pen/paper, or sticky notes/flat surface. You may also use a mind mapping computer program, if this is available to you. Feel free to be creative!

Instructions: Begin by placing "primary care" at the centre of your map. Brainstorm and record all the skills and responsibilities that you can think of that make up primary midwifery care as a clinical practice. Next, begin to group like concepts by clustering Post-It notes or by drawing connector lines between related concepts. When you are done making connections, identify and name categories for grouped skills or responsibilities. The result should be a layered map with discrete skills or responsibilities organized under common themes to create categories, and broad categories linked to the central concept of primary care. This map represents a model for primary midwifery care, which can be used as a prompt for your responsibilities.

Discussion: Describe your map to another student or to your preceptor. What method did you use and why? What categories did you identify? How do you think this type of model could be used in clinical practice?